## Individual Best Times (All Time)

Sebastian Munro-Smith - (882622) - West Suffolk Swimming Club - 50 Freestyle - Long Course
Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 34.53 | 222 | F | 11/07/15 | UEA City of Norwich Mid-Summer Madness Open | Norwich | West Suffolk | 3 |

## Swims in Date Order

| Time | WA Pts | Round | Date |  | Meet | Venue | Club Swam Under |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 34.53 | 222 | F | $11 / 07 / 15$ | UEA City of Norwich Mid-Summer Madness Open | Norwich | West Suffolk |  |

