

Individual Best Times (All Time)

Jake Thomas-Mansfield - (882619) - West Suffolk Swimming Club - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:19.62	609	H	18/12/16	Northampton Winter Festival	Corby	St Felix Sch	3
4:20.10	605	H	26/03/17	City of Sheffield Premier Meet	Sheffield	St Felix Sch	1
4:21.91	593	F	14/04/17	UEA City of Norwich Easter LC Meet	Norwich	St Felix Sch	1
4:24.18	578	H	04/11/17	East Region Winter Championships	Norwich	St Felix Sch	1
4:25.34	570	F	30/03/18	City of Norwich Easter Long Course Meet	Norwich	St Felix Sch	1
4:26.42	563	H	30/04/17	ASA East Long Course Championships	Luton	St Felix Sch	1
4:45.59	457	H	09/06/13	BGASA East Region Age Group Champs	Norwich	Co Cambridge	1
5:04.41	377	F	07/04/12	UEA City of Norwich Easter Meet	Norwich	Co Cambridge	1

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