

Individual Best Times (All Time)

Jake Thomas-Mansfield - (882619) - West Suffolk Swimming Club - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.79	494	H	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	West Suffolk	1
29.91	488	H	17/01/16	City of Derby Fifteenth LC L1 Open Meet	Sheffield	West Suffolk	1
29.99	484	H	12/03/22	Putteridge SC Spring LC National Qualifier 2022	Luton	West Suffolk	1
30.01	483	H	05/05/18	East Swimming Long Course Championships 2018	Norwich	St Felix Sch	1
30.14	477	H	29/04/17	ASA East Long Course Championships	Luton	St Felix Sch	1
30.24	472	H	18/12/16	Northampton Winter Festival	Corby	St Felix Sch	3
30.31	469	H	05/11/17	East Region Winter Championships	Norwich	St Felix Sch	1
30.34	467	H	30/04/16	ASA East Region Long Course Championships	Norwich	West Suffolk	1
30.35	467	H	16/04/16	Team Luton April Long Course Meet	Luton	West Suffolk	1
30.73	450	H	14/05/17	Northampton 2017 Long Course Spring Festival	Corby	West Suffolk	1
30.78	447	H	14/04/17	UEA City of Norwich Easter LC Meet	Norwich	St Felix Sch	1
30.82	446	H	26/03/17	City of Sheffield Premier Meet	Sheffield	St Felix Sch	1
30.86	444	H	30/05/15	Cardiff International Open Meet 2015	Cardiff	West Suffolk	1
30.88	443	H	17/05/15	Northampton Spring Festival	Corby	West Suffolk	1
31.08	435	H	03/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	West Suffolk	1
31.17	431	H	25/03/16	UEA City of Norwich Easter Long Course Meet	Norwich	West Suffolk	1
31.86	403	F	14/04/17	UEA City of Norwich Easter LC Meet	Norwich	St Felix Sch	1
31.92	401	F	03/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	West Suffolk	1
32.18	391	F	09/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	Co Cambridge	1
34.47	318	F	30/03/13	City of Norwich SC Easter Meet 2013	Norwich	Co Cambridge	1
41.02	189	H	01/10/11	Sherwood Colliery Robin Hood Open Meet	Sheffield	Co Cambridge	1

Swims in Date Order

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