

Individual Best Times (All Time)

Rosie Holland - (876290) - Poole SC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|------------|-----------------|-------|
| 38.01 | 352 | F | 26/03/16 | Exeter City Easter Meet 2016 | Millfield | S Bournem'th | 1 |
| 38.49 | 339 | F | 25/04/15 | Millfield & Taunton Super Series (LC) | Millfield | S Bournem'th | 1 |
| 38.57 | 337 | F | 05/04/15 | Portsmouth Northsea Easter Festival L1 Meet | Portsmouth | S Bournem'th | 1 |
| 39.84 | 306 | F | 18/07/15 | Portsmouth Northsea End of Season Meet | Portsmouth | S Bournem'th | 3 |
| 40.32 | 295 | F | 11/01/15 | United Bristol New Year Open Meet | Hengrove | S Bournem'th | 1 |
| 45.64 | 203 | F | 27/10/13 | 3 Towers Open Meet | Millfield | S Bournem'th | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|------------|-----------------|-------|
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