

Individual Best Times (All Time)

Ella Bainbridge - (876263) - City of Manchester Aquatics - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:00.98	689	F	23/07/19	British Summer Championships	Glasgow	Donc Dartes	1
5:01.16	688	H	16/04/19	British Championships 2019	Glasgow	Cleethorpes	1
5:01.84	683	H	23/07/22	British Summer Championships	Sheffield	Mt Kelly	1
5:02.20	680	F	23/07/22	British Summer Championships	Sheffield	Mt Kelly	1
5:04.57	665	H	23/07/19	British Summer Championships	Glasgow	Donc Dartes	1
5:04.76	663	H	04/04/23	British Swimming Championships 2023	Sheffield	Mt Kelly	1
5:05.07	661	F	03/02/19	Yorkshire County Championships	Leeds	Cleethorpes	1
5:05.72	657	F	16/04/19	British Championships 2019	Glasgow	Cleethorpes	1
5:07.42	646		10/02/23	Middle East Junior and Open Championships 2023	Hamdan		1
5:07.68	645	H	03/02/19	Yorkshire County Championships	Leeds	Cleethorpes	1
5:08.11	642	F	18/06/22	Team Bath & Millfield National Preparation Meet L1	Millfield		1
5:08.55	639	H	11/02/22	Middle East Open and Junior Championships	Dubai		1
5:08.67	639	H	02/02/20	Yorkshire County Championships Level of Meet	Leeds	Donc Dartes	1
5:09.48	634	H	31/03/19	City of Sheffield Swim Squad Premier Meet	Sheffield	Grimsby AST	1
5:09.59	633	F	11/02/22	Middle East Open and Junior Championships	Dubai		1
5:09.63	633	F	01/05/22	Swim England South West Region Championships 2022	Plymouth		1
5:10.25	629	F	02/02/20	Yorkshire County Championships Level of Meet	Leeds	Donc Dartes	1
5:11.18	623	F	02/08/17	Swim England National Summer Meet (50m)	Sheffield	Cleethorpes	1
5:12.57	615	H	08/04/18	Derventio Excel 12th Long Course Open Meet	Sheffield	Cleethorpes	1
5:13.00	612	H	24/07/18	British Summer Championships	Sheffield	N Lincs SS	1
5:13.03	612		10/02/23	Middle East Junior and Open Championships 2023	Hamdan		1
5:18.19	583	H	02/08/17	Swim England National Summer Meet (50m)	Sheffield	Cleethorpes	1
5:19.67	575	H	26/03/17	City of Sheffield Premier Meet	Sheffield	Cleethorpes	1
5:24.37	550	H	25/02/17	Yorkshire SA County Championships	Leeds	Cleethorpes	1
5:27.35	535	H	15/04/17	City of Leeds National Qualifier 2017	Leeds	Cleethorpes	1
5:34.56	501	F	21/05/16	ASANER Regional Championships 2016	Sheffield	Cleethorpes	1
5:40.50	470	H	21/05/16	ASANER Regional Championships 2016	Sheffield	Cleethorpes	1

5:40.50	470	H	21/05/16	ASANER Regional Championships 2016	Sheffield	Cleethorpes	1
5:43.04	465	H	09/04/16	Richmond Dales Open Meet	Leeds	Cleethorpes	1
5:45.77	454	H	13/02/16	Yorkshire County Championships	Leeds	Cleethorpes	1
5:52.81	427	H	20/12/15	City of Leeds Christmas Meet 2015	Leeds	Cleethorpes	3
6:22.51	335	H	20/12/14	Derventio Excel 2nd Christmas Cracker	Sheffield	Cleethorpes	1
6:29.23	318	H	07/06/14	ASA North East Region British Gas Regional	Leeds	Cleethorpes	1
6:31.29	313	H	22/02/14	Yorkshire SA County Championships	Leeds	Cleethorpes	1

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