

Individual Best Times (All Time)

Kieran Howard - (875334) - Radford SC - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
56.47	571	H	25/02/23	Nottinghamshire ASA County Championships 2023	Nottingham		1
56.98	556	H	25/02/23	Nottinghamshire ASA County Championships 2023	Nottingham	Radford	1
1:05.52	365	H	19/01/20	Nottinghamshire ASA County Championships 2020	Nottingham	Radford	1
1:07.03	341	H	08/07/18	Northampton Swimming Club 2018 LC Summer Festival	Corby	Nova Cent'n	3
1:09.32	308	H	11/05/19	Nova Centurion May Level 1 LC Open Meet	Nottingham	Nova Cent'n	1
1:10.07	299	H	19/05/18	Nova Centurion May Level 1 LC Open Meet	Nottingham	Nova Cent'n	1
1:10.20	297	H	03/02/18	Nottinghamshire ASA County Championships 2018	Nottingham	Bramcote	1
1:10.58	292	H	20/01/19	Nottinghamshire ASA County Championships 2019	Harvey Hadden	Bramcote	1
1:11.14	285	H	29/04/18	Swim England East Midland Championships 2018	Corby	Nova Cent'n	1
1:11.60	280	H	11/03/18	Nova Centurion March Sprint Meet 2018	Nottingham	Nova Cent'n	3
1:11.88	277	H	26/05/18	Cardiff International Open Meet	Cardiff	Nova Cent'n	1
1:11.89	276	H	22/10/17	Nova Centurion SC October Level 1 Open Meet	Nottingham	Nova Cent'n	1
1:12.92	265	H	28/04/19	SE East Midlands Region Champs 2019 Gala 1	Corby	Nova Cent'n	1
1:13.68	257	H	25/05/19	City of Cardiff International Open Meet	Cardiff	Nova Cent'n	1
1:19.43	205	H	21/01/17	Nottingham ASA County Championships 2017	Nottingham	Bramcote	1
1:21.22	192	H	17/07/16	Nottinghamshire ASA Summer Gala	Nottingham	Bramcote	3
1:23.42	177	H	05/03/17	Nova Centurion March Sprint Meet 2017	Nottingham	Nova Cent'n	3

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