

Individual Best Times (All Time)

Kieran Howard - (875334) - Radford SC - 200 Butterfly - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:24.56	444	H	21/01/23	Nottinghamshire ASA County Championships 2023	Nottingham	Radford	1
2:24.57	444	H	08/05/22	SE East Midland Regional Long Course Championships	Sheffield	Radford	1
2:26.79	424	F	08/05/22	SE East Midland Regional Long Course Championships	Sheffield	Radford	1
2:39.10	333	H	19/01/20	Nottinghamshire ASA County Championships 2020	Nottingham	Radford	1
2:45.49	296	F	29/04/18	Swim England East Midland Championships 2018	Corby	Nova Cent'n	1
2:45.61	295	H	29/04/18	Swim England East Midland Championships 2018	Corby	Nova Cent'n	1
2:46.60	290	H	08/07/18	Northampton Swimming Club 2018 LC Summer Festival	Corby	Nova Cent'n	3
2:46.86	289	H	25/05/19	City of Cardiff International Open Meet	Cardiff	Nova Cent'n	1
2:48.46	281	H	19/05/18	Nova Centurion May Level 1 LC Open Meet	Nottingham	Nova Cent'n	1
2:52.25	262	H	19/01/19	Nottinghamshire ASA County Championships 2019	Harvey Hadden	Bramcote	1
2:52.81	260	F	25/05/19	City of Cardiff International Open Meet	Cardiff	Nova Cent'n	1
2:53.07	259	H	20/01/18	Nottinghamshire ASA County Championships 2018	Nottingham	Bramcote	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:24.56	444	H	21/01/23	Nottinghamshire ASA County Championships 2023	Nottingham	Radford	1
2:26.79	424	F	08/05/22	SE East Midland Regional Long Course Championships	Sheffield	Radford	1
2:24.57	444	H	08/05/22	SE East Midland Regional Long Course Championships	Sheffield	Radford	1
2:39.10	333	H	19/01/20	Nottinghamshire ASA County Championships 2020	Nottingham	Radford	1
2:52.81	260	F	25/05/19	City of Cardiff International Open Meet	Cardiff	Nova Cent'n	1
2:46.86	289	H	25/05/19	City of Cardiff International Open Meet	Cardiff	Nova Cent'n	1
2:52.25	262	H	19/01/19	Nottinghamshire ASA County Championships 2019	Harvey Hadden	Bramcote	1
2:46.60	290	H	08/07/18	Northampton Swimming Club 2018 LC Summer Festival	Corby	Nova Cent'n	3
2:48.46	281	H	19/05/18	Nova Centurion May Level 1 LC Open Meet	Nottingham	Nova Cent'n	1
2:45.49	296	F	29/04/18	Swim England East Midland Championships 2018	Corby	Nova Cent'n	1
2:45.61	295	H	29/04/18	Swim England East Midland Championships 2018	Corby	Nova Cent'n	1

2:53.07 259

H

20/01/18 Nottinghamshire ASA County Championships 2018

Nottingham

Bramcote

1