



3:00.67	441	F	09/07/17	City of Bristol Summer Festival	Bristol	Keynsham	
3:00.95	439	H	01/05/22	Swim England South West Region Championships 2022	Plymouth		1
3:01.16	437	F	17/07/22	City of Bristol Summer Festival	Hengrove		3
3:01.95	432	F	11/03/18	UBSC National Qualifier Level 1 Open Meet	Hengrove	Co Bristol	1
3:02.91	425	F	02/02/22	Gloucester County Champions 2022 Finals	Hengrove LC		1
3:02.97	424	H	31/07/17	Swim Wales Summer Nationals	Swansea	Co Bristol	1
3:05.06	410	H	21/05/17	ASA SWR Summer Championships	Millfield	Co Bristol	1
3:05.36	408	F	12/03/22	Team Bath & Millfield National Qualifier L1 Meet	Millfield		1
3:06.93	398	F	09/04/17	City of Bristol International Open Meet	Bristol	Co Bristol	1
3:10.48	376	F	12/03/17	United Bristol Qual Level 1 Open Meet	Bristol	Co Bristol	1
3:22.36	314	F	30/10/16	City of Bristol L3 Long Course Early Bird Open	Bristol	Co Bristol	3
3:35.79	258	F	10/04/16	City of Bristol International Open Meet	Bristol	Co Bristol	1
3:38.43	249	F	09/07/16	City of Bristol Summer Festival Open Meet	Bristol	Keynsham	3
3:51.98	208	F	11/07/15	City of Bristol Summer Level 3 Long Course Meet	Bristol	Keynsham	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:57.27	467	F	25/04/23	SE South West Summer Regional Championships 2023	Plymouth		1
2:57.86	462	H	25/04/23	SE South West Summer Regional Championships 2023	Plymouth		1
2:57.38	466	F	01/04/23	City Of Bristol L1 International Open Meet 2023	Hengrove Park		1
2:55.26	483	F	11/03/23	Swansea Aquatic Spring LC Meet 2023	Swansea		1
2:55.72	479	F	17/01/23	Gloucestershire County Swimming Championships 2023	Bristol		1
2:55.47	481	F	17/01/23	Gloucestershire County Swimming Championships 2023	Bristol		1
2:56.75	471	H	05/08/22	Swim Wales Summer Open 2022	Swansea		1
3:01.16	437	F	17/07/22	City of Bristol Summer Festival	Hengrove		3
3:00.95	439	H	01/05/22	Swim England South West Region Championships 2022	Plymouth		1
2:59.42	450	F	03/04/22	City of Bristol L1 International Open Meet	Hengrove		1
3:05.36	408	F	12/03/22	Team Bath & Millfield National Qualifier L1 Meet	Millfield		1
3:02.91	425	F	02/02/22	Gloucester County Champions 2022 Finals	Hengrove LC		1
2:59.23	452	F	25/07/21	South West British Summer Festival	Millfield		1
2:52.97	502	F	14/03/20	The Plymouth Leander Spring Regional LC Qualifier	Plymouth	Co Bristol	1
2:49.62	533	F	09/02/20	Somerset County Championships	Millfield	Keynsham	1
2:52.08	510	H	09/02/20	Somerset County Championships	Millfield	Keynsham	1
2:57.92	462	H	30/06/19	Team Bath AS Pre-National Summer Special	Hengrove LC	Co Bristol	1
2:52.37	508	H	25/05/19	Plymouth Leander National Qualifier L1 LC Open	Plymouth	Co Bristol	1
2:50.20	527	H	18/05/19	ASA SWR Summer Championships	Millfield, Street	Co Bristol	1
2:51.43	516	F	07/04/19	City of Bristol International Open Meet	Hengrove Park	Co Bristol	1
2:53.70	496	F	24/03/19	UoB & Bristol Henleaze National Qualifier Open	Hengrove	Co Bristol	1
2:58.78	455	H	30/07/18	Swim Wales Summer Nationals	Swansea		1
2:57.44	465	H	26/05/18	London Swimming 2018 Long Course Summer Open	London	Keynsham	1
2:53.54	497	F	12/05/18	ASA SWR Summer Championships	Bristol	Co Bristol	1
2:52.00	511	H	12/05/18	ASA SWR Summer Championships	Bristol	Co Bristol	1
2:57.35	466	F	08/04/18	City of Bristol International Open Meet	Hengrove Park	Co Bristol	1
3:01.95	432	F	11/03/18	UBSC National Qualifier Level 1 Open Meet	Hengrove	Co Bristol	1
2:53.38	499	F	25/01/18	Somerset County Championships 2018	Millfield	Keynsham	1
2:59.87	447	H	25/01/18	Somerset County Championships 2018	Millfield	Keynsham	1
2:57.98	461	H	13/01/18	City of Derby 17th LC Level 1 Licensed Open Meet	Sheffield	Co Bristol	1
2:56.78	471	F	18/11/17	Team Bath AS Autumn Level 1 & Level 3 Open Meet	Hengrove	Co Bristol	1
3:02.97	424	H	31/07/17	Swim Wales Summer Nationals	Swansea	Co Bristol	1
3:00.67	441	F	09/07/17	City of Bristol Summer Festival	Bristol	Keynsham	3
3:05.06	410	H	21/05/17	ASA SWR Summer Championships	Millfield	Co Bristol	1
3:06.93	398	F	09/04/17	City of Bristol International Open Meet	Bristol	Co Bristol	1
3:10.48	376	F	12/03/17	United Bristol Qual Level 1 Open Meet	Bristol	Co Bristol	1

3:22.36	314	F	30/10/16	City of Bristol L3 Long Course Early Bird Open	Bristol	Co Bristol	<b>Page 3 / 3</b> 3
3:38.43	249	F	09/07/16	City of Bristol Summer Festival Open Meet	Bristol	Keynsham	3
3:35.79	258	F	10/04/16	City of Bristol International Open Meet	Bristol	Co Bristol	1
3:51.98	208	F	11/07/15	City of Bristol Summer Level 3 Long Course Meet	Bristol	Keynsham	3