

Individual Best Times (All Time)

Lara-Louise Gough - (873962) - Maidstone SC - 100 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:25.41	423	H	04/02/17	Kent Swimming Championships	Crystal Palace	Maidstone SC	1
1:26.08	413	F	04/02/17	Kent Swimming Championships	Crystal Palace	Maidstone SC	1
1:26.70	404	F	07/02/16	Kent Swimming Championships 2016	Crystal Palace	Maidstone SC	1
1:27.05	399	H	07/02/16	Kent Swimming Championships 2016	Crystal Palace	Maidstone SC	1
1:27.34	395	H	04/02/18	Kent Swimming Championships 2018	Crystal Palace	Maidstone SC	1
1:28.83	376	H	29/05/16	ASA South East Region Swimming Championships	Crawley	Maidstone SC	1
1:29.18	371	F	19/03/17	Atlantis Regional-National Chaser Open Meet	Crawley	Maidstone SC	1
1:34.88	308	H	10/05/14	Beckenham International Open Meet	London	Maidstone SC	1
1:34.98	307	H	15/06/14	ASA South East Region Age Group Championships	Crawley	Maidstone SC	1
1:37.27	286	H	20/07/14	Basildon & Phoenix End of Season Meet	Basildon		3
1:41.06	255	H	30/06/13	Rushmoor Royals Summer Festival	Aldershot	Maidstone SC	3

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