

Individual Best Times (All Time)

Lara-Louise Gough - (873962) - Maidstone SC - 50 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
38.21	444	H	12/02/17	Kent Swimming Championships	London Aquatics	Maidstone SC	1
38.36	439	H	16/04/17	BPSC Easter Meet 2017	Basildon	Maidstone SC	1
38.53	433	F	12/02/17	Kent Swimming Championships	London Aquatics	Maidstone SC	1
38.77	425	H	11/02/18	Kent Swimming Championships 2018	London	Maidstone SC	1
39.04	416	H	15/05/16	ASA South East Region Swimming Championships	Crawley	Maidstone SC	1
39.37	406	H	14/02/16	Kent Swimming Championships 2016	London	Maidstone SC	1
39.80	393	F	19/03/17	Atlantis Regional-National Chaser Open Meet	Crawley	Maidstone SC	1
39.87	391	F	18/03/18	Atlantis Regional-National Chaser Open Meet	Crawley	Maidstone SC	1
39.91	390	H	14/05/17	ASA South East Region Championships 2017	Crawley	Maidstone SC	1
40.54	372	H	20/01/19	Kent Swimming Championships 2019	London	Maidstone SC	1
41.27	352	F	10/04/16	Crawley Spring Open Meet 2016	Crawley	Maidstone SC	3
44.25	286	H	10/05/14	Beckenham International Open Meet	London	Maidstone SC	1
44.85	274	H	20/07/14	Basildon & Phoenix End of Season Meet	Basildon		3
47.07	237	H	29/06/13	Rushmoor Royals Summer Festival	Aldershot	Maidstone SC	3
49.28	207	H	03/02/13	Bishops Stortford SC 1st Long Course Open	Basildon	Maidstone SC	3

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