

Individual Best Times (All Time)

Lara-Louise Gough - (873962) - Maidstone SC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:47.43	427	H	12/02/17	Kent Swimming Championships	London Aquatics	Maidstone SC	1
3:07.34	305	H	20/07/14	Basildon & Phoenix End of Season Meet	Basildon		3
3:16.94	262	H	30/06/13	Rushmoor Royals Summer Festival	Aldershot	Maidstone SC	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:47.43	427	H	12/02/17	Kent Swimming Championships	London Aquatics	Maidstone SC	1
3:07.34	305	H	20/07/14	Basildon & Phoenix End of Season Meet	Basildon		3
3:16.94	262	H	30/06/13	Rushmoor Royals Summer Festival	Aldershot	Maidstone SC	3