

# Individual Best Times (All Time)

Lara-Louise Gough - (873962) - Maidstone SC - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:26.65	289	H	20/07/14	Basildon & Phoenix End of Season Meet	Basildon		3
1:35.94	213	H	30/06/13	Rushmoor Royals Summer Festival	Aldershot	Maidstone SC	3

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