

# Individual Best Times (All Time)

Lara-Louise Gough - (873962) - Maidstone SC - 200 Butterfly - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:49.08	373	H	05/02/17	Kent Swimming Championships	Crystal Palace	Maidstone SC	1
2:53.23	347	H	14/05/16	ASA South East Region Swimming Championships	Crawley	Maidstone SC	1
2:54.11	342	H	16/04/17	BPSC Easter Meet 2017	Basildon	Maidstone SC	1
2:54.84	338	F	10/04/16	Crawley Spring Open Meet 2016	Crawley	Maidstone SC	3
2:58.37	318	H	03/02/18	Kent Swimming Championships 2018	Crystal Palace	Maidstone SC	1
3:01.92	300	H	06/02/16	Kent Swimming Championships 2016	Crystal Palace	Maidstone SC	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:58.37	318	H	03/02/18	Kent Swimming Championships 2018	Crystal Palace	Maidstone SC	1
2:54.11	342	H	16/04/17	BPSC Easter Meet 2017	Basildon	Maidstone SC	1
2:49.08	373	H	05/02/17	Kent Swimming Championships	Crystal Palace	Maidstone SC	1
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3:01.92	300	H	06/02/16	Kent Swimming Championships 2016	Crystal Palace	Maidstone SC	1