

# Individual Best Times (All Time)

Lara-Louise Gough - (873962) - Maidstone SC - 100 Butterfly - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:14.21	417	H	16/04/17	BPSC Easter Meet 2017	Basildon	Maidstone SC	1
1:14.50	412	H	05/02/17	Kent Swimming Championships	Crystal Palace	Maidstone SC	1
1:15.42	398	H	03/02/18	Kent Swimming Championships 2018	Crystal Palace	Maidstone SC	1
1:18.70	350	H	06/02/16	Kent Swimming Championships 2016	Crystal Palace	Maidstone SC	1
1:33.38	209	H	19/07/14	Basildon & Phoenix End of Season Meet	Basildon		3
1:41.03	165	H	29/06/13	Rushmoor Royals Summer Festival	Aldershot	Maidstone SC	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:15.42	398	H	03/02/18	Kent Swimming Championships 2018	Crystal Palace	Maidstone SC	1
1:14.21	417	H	16/04/17	BPSC Easter Meet 2017	Basildon	Maidstone SC	1
1:14.50	412	H	05/02/17	Kent Swimming Championships	Crystal Palace	Maidstone SC	1
1:18.70	350	H	06/02/16	Kent Swimming Championships 2016	Crystal Palace	Maidstone SC	1
1:33.38	209	H	19/07/14	Basildon & Phoenix End of Season Meet	Basildon		3
1:41.03	165	H	29/06/13	Rushmoor Royals Summer Festival	Aldershot	Maidstone SC	3