

Individual Best Times (All Time)

Lara-Louise Gough - (873962) - Maidstone SC - 50 Butterfly - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
32.31	432	H	11/02/18	Kent Swimming Championships 2018	London	Maidstone SC	1
32.61	420	H	12/02/17	Kent Swimming Championships	London Aquatics	Maidstone SC	1
33.68	381	H	29/05/16	ASA South East Region Swimming Championships	Crawley	Maidstone SC	1
34.08	368	F	19/03/17	Atlantis Regional-National Chaser Open Meet	Crawley	Maidstone SC	1
34.13	366	H	20/01/19	Kent Swimming Championships 2019	London	Maidstone SC	1
34.20	364	F	10/04/16	Crawley Spring Open Meet 2016	Crawley	Maidstone SC	3
34.83	345	F	18/03/18	Atlantis Regional-National Chaser Open Meet	Crawley	Maidstone SC	1
35.72	319	H	14/02/16	Kent Swimming Championships 2016	London	Maidstone SC	1
39.46	237	H	19/07/14	Basildon & Phoenix End of Season Meet	Basildon		3
40.37	221	H	03/02/13	Bishops Stortford SC 1st Long Course Open	Basildon	Maidstone SC	3
43.00	183	H	29/06/13	Rushmoor Royals Summer Festival	Aldershot	Maidstone SC	3

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