

# Individual Best Times (All Time)

Lara Mousley - (873815) - Leicester Penguins SC - 400 Freestyle - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:08.90	259	H	20/12/13	Derventio eXcel Christmas Cracker Meet	Sheffield	Co Leicester	1

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