

Individual Best Times (All Time)

Ellen Armstrong - (872894) - Harrogate District SC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:53.25	385	H	13/04/14	Sports Aid Open Meet 2014	Leeds	Harrogate	1
3:05.95	312	H	02/11/13	City of Sunderland Firecracker 2013	Sunderland	Harrogate	3
3:29.17	219	H	09/07/11	City of Leeds B Grade Meet	Leeds	Harrogate	3

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