

Individual Best Times (All Time)

Ellen Armstrong - (872894) - Harrogate District SC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
35.35	438	H	31/01/15	Yorkshire County Championships	Sheffield		1
36.84	387	H	16/03/13	Yorkshire County Championships	Sheffield	Harrogate	1
37.36	371	H	15/03/14	Yorkshire County Championships	Sheffield	Harrogate	1
38.34	343	H	17/03/12	Yorkshire County Championships	Sheffield	Harrogate	1
42.89	245	H	17/12/11	Sheffield City 23rd Annual B Grade Meet	Sheffield	Harrogate	3
45.73	202	H	09/07/11	City of Leeds B Grade Meet	Leeds	Harrogate	3
48.91	165	H	22/01/11	City of Leeds New Year B Grade Meet	Leeds	Harrogate	3

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