

# Individual Best Times (All Time)

Filip Fraczek-Krygier - (865749) - Poole SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:30.44	395	F	19/07/15	Portsmouth Northsea End of Season Meet	Portsmouth	Soton Dolp	3
6:01.71	301	H	31/05/14	ASA South East Region Age Group Championships	Crawley	Soton Dolp	1
6:09.87	281	F	20/04/14	Portsmouth Northsea Easter Swim Festival	Portsmouth	Soton Dolp	1
6:28.72	242	F	26/10/13	3 Towers Open Meet	Millfield	Soton Dolp	3

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