Individual Best Times (All Time)

Michael Strang - (865469) - Burntisland ASC - 400 Freestyle - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:41.82	476	Н	28/06/19	Scottish National Open Championships	Aberdeen	Carnegie	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:41.82	476	Н	28/06/19	Scottish National Open Championships	Aberdeen	Carnegie	1