

# Individual Best Times (All Time)

Jacob Copeland - (864260) - Dane Valley SC - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
56.69	564	F	30/04/17	ASA North West Region Summer Championships	Manchester	Crewe Flyers	1
57.26	548	H	20/05/17	Derwentio Excel 1st May Meet	Sheffield	Crewe Flyers	1
57.40	544	H	30/04/17	ASA North West Region Summer Championships	Manchester	Crewe Flyers	1
57.65	537	F	14/05/17	Manchester Open Meet 2017	Manchester		1
57.67	536	H	04/08/17	Swim England National Summer Meet (50m)	Sheffield	Crewe Flyers	1
57.88	530	H	29/04/18	2018 SENW Summer Championships	Manchester	Crewe Flyers	1
57.95	528	H	27/04/19	2019 SENW Summer Championships	Manchester	Dane Valley	1
57.98	527	H	01/04/17	Stockport Metro Qualifying Window Meet	Stockport	Crewe Flyers	1
58.10	524	H	26/03/17	Liverpool Spring Open Meet	Liverpool	Crewe Flyers	1
58.18	522	H	07/04/18	City of Liverpool Spring Open Meet	Liverpool	Crewe Flyers	1
58.18	522	H	30/03/19	Stockport Metro Qualifying Open Meet	Stockport	Dane Valley	1
58.21	521	H	24/03/18	Stockport Metro National Qualification Meet 2018	Stockport	Crewe Flyers	1
58.28	519	F	29/05/16	ASA North West Region Summer Championships	Manchester	Alsager	1
58.39	516	H	29/05/16	ASA North West Region Summer Championships	Manchester	Alsager	1
58.51	513	H	10/04/16	Derwentio Excel 10th Open Meet 2016	Sheffield	Alsager	1
58.67	509	H	04/11/17	Swim England Noth West Region Winter Champs	Manchester	Crewe Flyers	1
59.08	498	F	08/05/16	Manchester Open Meet 2016	Manchester	Alsager	1
59.29	493	H	07/08/15	ASA Summer Nationals 2015	Sheffield		1
59.44	489	F	07/08/15	ASA Summer Nationals 2015	Sheffield		1
59.69	483	H	03/08/16	ASA Summer Nationals 2016	Sheffield	Alsager	1
59.71	483	H	11/05/19	Nova Centurion May Level 1 LC Open Meet	Nottingham	Dane Valley	1
1:00.17	472	F	30/05/15	2015 North West Regional Championships	Manchester		1
1:00.20	471	H	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	Alsager	1
1:00.69	460	H	30/05/15	2015 North West Regional Championships	Manchester		1
1:01.59	440	F	03/05/15	Manchester Open Meet 2015	Manchester	Alsager	1
1:02.11	429	H	12/04/15	Derwentio Excel 9th Open Meet	Sheffield		1
1:03.05	388	F	21/03/14	CG Manchester Aquatics Manchester Swimmers	Manchester	Alsager	1

1:05.95	393	F	21/12/14	CO Manchester Aquatics Manchester Snow'pen	Manchester	Alsager	1
1:04.67	380	H	18/10/14	Lincoln Vulcans Long Course L1 Meet	Sheffield		1
1:06.02	357	H	01/06/14	BG North West Age Group Championships	Manchester	Alsager	1
1:06.35	352	H	22/06/14	City of Liverpool SC L3 Summer Sprint Meet	Liverpool	Alsager	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
59.71	483	H	11/05/19	Nova Centurion May Level 1 LC Open Meet	Nottingham	Dane Valley	1
57.95	528	H	27/04/19	2019 SENW Summer Championships	Manchester	Dane Valley	1
58.18	522	H	30/03/19	Stockport Metro Qualifying Open Meet	Stockport	Dane Valley	1
57.88	530	H	29/04/18	2018 SENW Summer Championships	Manchester	Crewe Flyers	1
58.18	522	H	07/04/18	City of Liverpool Spring Open Meet	Liverpool	Crewe Flyers	1
58.21	521	H	24/03/18	Stockport Metro National Qualification Meet 2018	Stockport	Crewe Flyers	1
58.67	509	H	04/11/17	Swim England Noth West Region Winter Champs	Manchester	Crewe Flyers	1
57.67	536	H	04/08/17	Swim England National Summer Meet (50m)	Sheffield	Crewe Flyers	1
57.26	548	H	20/05/17	Derventio Excel 1st May Meet	Sheffield	Crewe Flyers	1
57.65	537	F	14/05/17	Manchester Open Meet 2017	Manchester		1
56.69	564	F	30/04/17	ASA North West Region Summer Championships	Manchester	Crewe Flyers	1
57.40	544	H	30/04/17	ASA North West Region Summer Championships	Manchester	Crewe Flyers	1
57.98	527	H	01/04/17	Stockport Metro Qualifying Window Meet	Stockport	Crewe Flyers	1
58.10	524	H	26/03/17	Liverpool Spring Open Meet	Liverpool	Crewe Flyers	1
59.69	483	H	03/08/16	ASA Summer Nationals 2016	Sheffield	Alsager	1
58.28	519	F	29/05/16	ASA North West Region Summer Championships	Manchester	Alsager	1
58.39	516	H	29/05/16	ASA North West Region Summer Championships	Manchester	Alsager	1
59.08	498	F	08/05/16	Manchester Open Meet 2016	Manchester	Alsager	1
58.51	513	H	10/04/16	Derventio Excel 10th Open Meet 2016	Sheffield	Alsager	1
1:00.20	471	H	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	Alsager	1
59.44	489	F	07/08/15	ASA Summer Nationals 2015	Sheffield		1
59.29	493	H	07/08/15	ASA Summer Nationals 2015	Sheffield		1
1:00.17	472	F	30/05/15	2015 North West Regional Championships	Manchester		1
1:00.69	460	H	30/05/15	2015 North West Regional Championships	Manchester		1
1:01.59	440	F	03/05/15	Manchester Open Meet 2015	Manchester	Alsager	1
1:02.11	429	H	12/04/15	Derventio Excel 9th Open Meet	Sheffield		1
1:03.95	393	F	21/12/14	CO Manchester Aquatics Manchester Snow'pen	Manchester	Alsager	1
1:04.67	380	H	18/10/14	Lincoln Vulcans Long Course L1 Meet	Sheffield		1
1:06.35	352	H	22/06/14	City of Liverpool SC L3 Summer Sprint Meet	Liverpool	Alsager	3
1:06.02	357	H	01/06/14	BG North West Age Group Championships	Manchester	Alsager	1