

# Individual Best Times (All Time)

Jacob Copeland - (864260) - Dane Valley SC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:23.79	498	H	28/04/19	2019 SENW Summer Championships	Manchester	Dane Valley	1
2:25.36	482	H	11/05/19	Nova Centurion May Level 1 LC Open Meet	Nottingham	Dane Valley	1
2:25.87	477	H	20/05/17	Derventio Excel 1st May Meet	Sheffield	Crewe Flyers	1
2:27.61	460	H	05/11/17	Swim England Noth West Region Winter Champs	Manchester	Crewe Flyers	1
2:28.99	447	H	28/04/18	2018 SENW Summer Championships	Manchester	Crewe Flyers	1
2:29.95	439	H	29/05/16	ASA North West Region Summer Championships	Manchester	Alsager	1
2:31.35	427	H	30/05/15	2015 North West Regional Championships	Manchester		1
2:31.48	426	F	30/05/15	2015 North West Regional Championships	Manchester		1
2:32.32	419	H	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	Alsager	1
2:34.85	399	H	11/04/15	Derventio Excel 9th Open Meet	Sheffield		1
2:35.96	390	H	29/03/15	City of Sheffield Swim Squad Premier Meet	Sheffield	Alsager	1
2:36.15	389	F	21/12/14	CO Manchester Aquatics Manchester Snow'pen	Manchester	Alsager	1
2:36.72	384	H	18/10/14	Lincoln Vulcans Long Course L1 Meet	Sheffield		1
2:43.65	338	F	11/05/14	City of Manchester Aquatics Open Meet	Manchester	Alsager	1
2:44.50	332	H	31/05/14	BG North West Age Group Championships	Manchester	Alsager	1
3:09.52	217	H	23/06/13	City of Liverpool Summer Sprints	Liverpool	Alsager	3

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