

Individual Best Times (All Time)

Jamie Cordes - (863453) - City of Sunderland ASC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:15.10	455	H	26/05/18	2018 Glasgow International Swim Meet	Glasgow	Gates &Whick	1
5:31.75	390	H	07/02/16	Northumberland & Durham County Champs	Sunderland	North Tyne	1
6:40.16	222	H	12/10/13	Northumberland & Durham SA Autumn Meet	Sunderland	North Tyne	3
7:20.26	167	H	06/10/12	Northumberland & Durham Autumn Meet 2012	Sunderland	North Tyne	3

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