Individual Best Times (All Time)

Jamie Cordes - (863453) - City of Sunderland ASC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|------------|-----------------|-------|
| 2:27.93 | 457 | Н | 06/05/18 | North East Region Championships | Sheffield | Gates & Whick | 1 |
| 2:29.31 | 445 | Н | 14/01/18 | City of Sunderland New Year Meet 2018 | Sunderland | Gates & Whick | 1 |
| 2:29.61 | 442 | Н | 03/02/18 | N & D 2018 Championships | Sunderland | Gates & Whick | 1 |
| 2:29.61 | 442 | Н | 03/02/18 | N & D 2018 Championships | Sunderland | Gates & Whick | 1 |
| 2:31.94 | 422 | Н | 08/04/17 | Richmond Dales April Fool Gala | Leeds | North Tyne | 1 |
| 2:41.05 | 354 | Н | 17/01/16 | City of Sunderland New Year Meet | Sunderland | North Tyne | 1 |
| 3:14.61 | 201 | Н | 13/10/13 | Northumberland & Durham SA Autumn Meet | Sunderland | North Tyne | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|------------|-----------------|-------|
| 2:27.93 | 457 | Н | 06/05/18 | North East Region Championships | Sheffield | Gates &Whick | 1 |
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