

# Individual Best Times (All Time)

Amie Philpot - (862609) - Team Ipswich Swimming - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:59.73	484	F	08/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	teamipswich	1
5:02.12	472	H	08/06/14	BGASA East Region Championships 2014	Norwich	teamipswich	1
5:08.04	446	H	02/06/13	BGASA East Region Age Group Champs	Norwich	teamipswich	1
5:53.06	296	H	03/06/12	British Gas ASA East Region BAGCAT Champs	Norwich	teamipswich	1

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