

Individual Best Times (All Time)

Joel Sinclair - (860576) - Carlisle Aquatics - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--------------------------------------------------|------------|-----------------|-------|
| 2:04.62 | 548 | F | 17/07/16 | Scottish Summer Meet | Aberdeen | Carlisle Aq | 1 |
| 2:05.60 | 535 | F | 28/05/16 | ASA North West Region Summer Championships | Manchester | Carlisle Aq | 1 |
| 2:06.24 | 527 | H | 11/03/17 | ESSA 67th National Inter-Divisiona Championships | Liverpool | | 1 |
| 2:07.87 | 507 | H | 28/05/16 | ASA North West Region Summer Championships | Manchester | Carlisle Aq | 1 |
| 2:08.53 | 499 | H | 02/04/16 | Scottish National Age Group Championships | Glasgow | Carlisle Aq | 1 |
| 2:09.77 | 485 | H | 17/01/16 | City of Sunderland New Year Meet | Sunderland | Carlisle Aq | 1 |
| 2:10.78 | 474 | F | 02/04/15 | Scottish National Age Group Championships | Aberdeen | Carlisle Aq | 1 |
| 2:11.47 | 467 | F | 06/06/15 | 2015 North West Regional Championships | Manchester | | 1 |
| 2:12.60 | 455 | F | 02/05/15 | Manchester Open Meet 2015 | Manchester | Carlisle Aq | 1 |
| 2:13.18 | 449 | H | 06/06/15 | 2015 North West Regional Championships | Manchester | | 1 |
| 2:14.25 | 438 | H | 02/04/15 | Scottish National Age Group Championships | Aberdeen | Carlisle Aq | 1 |
| 2:16.60 | 416 | H | 12/07/14 | City of Sunderland ASC Summer Splash 2014 | Sunderland | | 3 |
| 2:19.39 | 391 | H | 26/06/14 | Scottish Gas National Age Groups 2014 | Aberdeen | | 1 |
| 2:26.64 | 336 | H | 07/06/14 | BG North West Region 2014 Age Group Champs | Manchester | | 1 |
| 2:30.85 | 309 | H | 12/01/14 | City of Sunderland New Year Meet 2014 | Sunderland | Carlisle Aq | 1 |
| 2:31.41 | 305 | H | 02/11/13 | City of Sunderland Firecracker 2013 | Sunderland | Carlisle Aq | 3 |
| 2:46.29 | 230 | H | 13/07/13 | City of Sunderland Summer Splash | Sunderland | Carlisle Aq | 3 |

Swims in Date Order

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