

Individual Best Times (All Time)

Joel Sinclair - (860576) - Carlisle Aquatics - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:17.82	565	H	22/01/17	City of Sunderland SC New Year Meet 2017	Sunderland	Carlisle Aq	1
2:19.83	541	H	29/05/16	ASA North West Region Summer Championships	Manchester	Carlisle Aq	1
2:20.00	539	F	29/05/16	ASA North West Region Summer Championships	Manchester	Carlisle Aq	1
2:20.72	531	H	17/01/16	City of Sunderland New Year Meet	Sunderland	Carlisle Aq	1
2:20.89	529	H	30/07/16	British Summer Championships	Sheffield	Carlisle Aq	1
2:20.98	528	H	12/03/16	Edinburgh International Meet	Edinburgh	Carlisle Aq	1
2:21.85	519	F	02/04/16	Scottish National Age Group Championships	Glasgow	Carlisle Aq	1
2:22.71	509	H	02/04/16	Scottish National Age Group Championships	Glasgow	Carlisle Aq	1
2:22.83	508	H	02/07/16	Scottish National Open Championships	Glasgow	Carlisle Aq	1
2:25.46	481	F	25/07/15	Scottish Summer Meet 2015	Edinburgh	Carlisle Aq	1
2:25.81	477	F	30/05/15	2015 North West Regional Championships	Manchester		1
2:26.36	472	H	25/07/15	Scottish Summer Meet 2015	Edinburgh	Carlisle Aq	1
2:27.79	458	F	02/04/15	Scottish National Age Group Championships	Aberdeen	Carlisle Aq	1
2:28.14	455	F	03/05/15	Manchester Open Meet 2015	Manchester	Carlisle Aq	1
2:28.88	448	H	02/04/15	Scottish National Age Group Championships	Aberdeen	Carlisle Aq	1
2:30.40	435	H	30/05/15	2015 North West Regional Championships	Manchester		1
2:37.39	379	H	29/06/14	Scottish Gas National Age Groups 2014	Aberdeen		1
2:41.99	348	H	31/05/14	BG North West Age Group Championships	Manchester		1
2:53.63	283	H	03/11/13	City of Sunderland Firecracker 2013	Sunderland	Carlisle Aq	3
2:59.28	257	H	14/07/13	City of Sunderland Summer Splash	Sunderland	Carlisle Aq	3
3:12.11	208	H	05/01/13	City of Sunderland New Year Meet	Sunderland	Carlisle Aq	3

Swims in Date Order

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