

# Individual Best Times (All Time)

Scott Strange - (857165) - Folkestone SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:00.24	239	H	06/02/16	Kent Swimming Championships 2016	Crystal Palace	Ashford Town	1
3:25.64	161	F	04/01/15	BWFSC Level 1 Long Course Meet	London	Ashford Town	1

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