

Individual Best Times (All Time)

Ben Gilchrist - (856706) - Richmond Dales ASC - 50 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
32.69	500	H	25/02/23	Northumberland & Durham County Championships 2023	Sunderland	RichmondDale	1
32.88	491	H	05/05/18	North East Region Championships	Sheffield	Durham City	1
33.55	462	H	01/07/18	City of Sunderland Summer Splash 2018	Sunderland	Durham City	3
33.78	453	H	22/01/22	City of Sunderland ASC New Year Meet 2022	Sunderland	RichmondDale	1
33.89	448	H	25/03/18	City of Sunderland National Qualifier	Sunderland	Durham City	1
33.89	448	H	14/04/18	City of Leeds National Qualifier 2018	Leeds	Durham City	1
33.89	448	F	14/04/18	City of Leeds National Qualifier 2018	Leeds	Durham City	1
33.98	445	H	03/02/18	N & D 2018 Championships	Sunderland	Durham City	1
33.98	445	H	03/02/18	N & D 2018 Championships	Sunderland	Durham City	1
33.98	445	H	24/03/19	City of Sunderland National Qualifier 2019	Sunderland	Durham City	1
34.13	439	H	01/02/20	Northumberland & Durham SA County Championships	Sunderland	RichmondDale	1
34.16	438	H	04/11/17	ASA North East Region Senior Junior Champs	Sheffield	Durham City	1
34.80	414	H	26/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	Wear Valley	1
34.80	414	H	02/07/22	Richmond Dales ASC Summer Madness Gala	Leeds	RichmondDale	3
35.17	401	H	02/04/17	City of Sunderland National Qualifier 2017	Sunderland	Wear Valley	1
35.57	388	H	09/07/17	City of Sunderland Summer Splash 2017	Sunderland	Wear Valley	3
36.02	373	H	30/04/16	ASANER Regional Championships 2016	Sunderland	Wear Valley	1
36.70	353	H	28/02/16	Northumberland & Durham County Champs	Sunderland	Wear Valley	1
36.80	350	H	10/07/16	City of Sunderland Summer Splash 2016	Sunderland	Wear Valley	3
37.22	338	F	28/02/16	Northumberland & Durham County Champs	Sunderland	Wear Valley	1
39.77	277	H	05/07/15	City of Sunderland Summer Splash 2015	Sunderland	Wear Valley	3
44.75	194	H	02/02/14	NDSA Championships	Sunderland	Wear Valley	1
46.18	177	H	12/07/14	City of Sunderland ASC Summer Splash 2014	Sunderland	Wear Valley	3
46.61	172	H	11/01/14	City of Sunderland New Year Meet 2014	Sunderland	Wear Valley	1
48.26	155	H	13/07/13	City of Sunderland Summer Splash	Sunderland	Wear Valley	3
53.43	114	H	15/01/12	City of Sunderland New Year Meet	Sunderland	Wear Valley	3

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