

# Individual Best Times (All Time)

Ben Gilchrist - (856706) - Richmond Dales ASC - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:03.54	562	H	17/12/22	Northampton SC Winter Festival 2022	Corby	RichmondDale	1
2:03.90	557	H	19/01/19	City of Sunderland New Year Meet 2019	Sunderland	Durham City	1
2:03.94	557	H	06/04/19	Derventio Excel 13th Long Course Open Meet	Sheffield	Durham City	1
2:04.12	554	H	05/05/19	Swim England North East Region Championships (50)	Sheffield	Durham City	1
2:04.15	554	H	05/02/23	Northumberland & Durham County Championships 2023	Sunderland	RichmondDale	1
2:04.15	554	H	05/02/23	Northumberland & Durham County Championships 2023	Sunderland	RichmondDale	1
2:04.47	550	H	14/03/20	Liverpool Spring Open Meet 2020	Liverpool	RichmondDale	1
2:04.70	547	H	26/03/23	City of Sheffield SS Premier Open Meet 2023	Sheffield	RichmondDale	1
2:04.77	546	H	11/06/23	Co Sheffield SS Team Steel Meet 2023	Sheffield	RichmondDale	1
2:05.10	542	H	09/04/23	Portsmouth Northsea SC Easter Meet 2023	Portsmouth		1
2:05.12	541	H	01/05/22	SE North East Region Open/Youth Championships 2022	Sheffield	RichmondDale	1
2:05.41	538	H	25/05/19	Glasgow International Swim Meet	Tollcross	Durham City	1
2:05.41	538	H	17/04/22	City of Leeds SC National Qualifier 2022	John Charles AC	RichmondDale	1
2:05.42	537	H	13/02/22	Northumberland & Durham SA County Championships 22	Sunderland	RichmondDale	1
2:05.44	537	H	24/03/19	City of Sunderland National Qualifier 2019	Sunderland	Durham City	1
2:05.47	537	H	26/06/22	City of Sheffield Swim Squad Team Steel Meet 2022	Sheffield	RichmondDale	1
2:06.33	526	H	26/05/18	DX 2nd Long Course Open Meet	Sheffield	Durham City	1
2:06.57	523	H	23/01/22	City of Sunderland ASC New Year Meet 2022	Sunderland	RichmondDale	1
2:06.80	520	H	25/01/20	Chester le Street & Derwentside Burns Meet 2020	Sheffield	RichmondDale	1
2:06.82	520	H	09/07/17	City of Sunderland Summer Splash 2017	Sunderland	Wear Valley	3
2:07.48	512	H	26/01/19	Chester le Street ASC and Derwentside Burns Meet	Sheffield	Durham City	1
2:07.98	506	H	29/04/23	SE NE Region Open/Youth Championships (50m) 2023	Sheffield	RichmondDale	1
2:08.92	495	H	11/02/18	N & D 2018 Championships	Sunderland	Durham City	1
2:10.52	477	F	07/02/16	Northumberland & Durham County Champs	Sunderland	Wear Valley	1
2:10.52	477	F	07/02/16	Northumberland & Durham County Champs	Sunderland	Wear Valley	1
2:10.56	476	H	10/07/16	City of Sunderland Summer Splash 2016	Sunderland	Wear Valley	3
2:11.78	462	H	07/02/16	Northumberland & Durham County Champs	Sunderland	Wear Valley	1

2:11.78	463	H	07/02/16	Northumberland & Durham County Champs	Sunderland	Wear Valley	1
2:11.78	463	H	07/02/16	Northumberland & Durham County Champs	Sunderland	Wear Valley	1
2:12.94	451	H	05/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	Wear Valley	1
2:12.94	451	H	05/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	Wear Valley	1
2:17.18	411	H	05/07/15	City of Sunderland Summer Splash 2015	Sunderland	Wear Valley	3
2:39.76	260	H	12/07/14	City of Sunderland ASC Summer Splash 2014	Sunderland	Wear Valley	3
2:41.60	251	H	12/10/13	Northumberland & Durham SA Autumn Meet	Sunderland	Wear Valley	3
2:48.95	220	H	13/07/13	City of Sunderland Summer Splash	Sunderland	Wear Valley	3

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2:05.10	542	H	09/04/23	Portsmouth Northsea SC Easter Meet 2023	Portsmouth		1
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2:12.94	451	H	05/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	Wear Valley	1
2:10.56	476	H	10/07/16	City of Sunderland Summer Splash 2016	Sunderland	Wear Valley	3
2:10.52	477	F	07/02/16	Northumberland & Durham County Champs	Sunderland	Wear Valley	1
2:10.52	477	F	07/02/16	Northumberland & Durham County Champs	Sunderland	Wear Valley	1
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