

# Individual Best Times (All Time)

Ben Gilchrist - (856706) - Richmond Dales ASC - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
57.07	553	H	25/07/21	SENE & NDSA Summer Racing Series	Sunderland Aquatic C	RichmondDale	1
57.33	546	H	02/04/22	City of Sunderland ASC National Qualifier 2022	Sunderland	RichmondDale	1
57.38	544	H	27/02/22	Northumberland & Durham SA County Championships 22	Sunderland	RichmondDale	1
57.45	542	H	02/07/22	Richmond Dales ASC Summer Madness Gala	Leeds	RichmondDale	3
57.86	531	H	30/06/18	City of Sunderland Summer Splash 2018	Sunderland	Durham City	3
57.88	530	H	02/02/20	Northumberland & Durham SA County Championships	Sunderland	RichmondDale	1
58.05	526	H	22/01/22	City of Sunderland ASC New Year Meet 2022	Sunderland	RichmondDale	1
58.06	525	H	26/01/20	Chester le Street & Derwentside Burns Meet 2020	Sheffield	RichmondDale	1
58.42	516	H	27/01/19	Chester le Street ASC and Derwentside Burns Meet	Sheffield	Durham City	1
58.61	511	H	09/04/23	Portsmouth Northsea SC Easter Meet 2023	Portsmouth		1
58.68	509	H	20/01/24	City of Sunderland ASC New Year Meet 2024	Sunderland	RichmondDale	1
58.76	507	H	20/03/22	Richmond Dales ASC April Fool Gala	Leeds	RichmondDale	3
59.11	498	H	08/07/17	City of Sunderland Summer Splash 2017	Sunderland	Wear Valley	3
59.79	481	H	09/07/16	City of Sunderland Summer Splash 2016	Sunderland	Wear Valley	3
59.84	480	H	13/01/18	City of Sunderland New Year Meet 2018	Sunderland	Durham City	1
59.89	479	H	26/02/23	Northumberland & Durham County Championships 2023	Sunderland	RichmondDale	1
1:02.26	426	H	21/01/17	City of Sunderland SC New Year Meet 2017	Sunderland	Wear Valley	1
1:02.46	422	H	16/01/16	City of Sunderland New Year Meet	Sunderland	Wear Valley	1
1:03.10	409	H	27/02/16	Northumberland & Durham County Champs	Sunderland	Wear Valley	1
1:03.93	393	H	04/07/15	City of Sunderland Summer Splash 2015	Sunderland	Wear Valley	3
1:24.11	172	H	14/07/13	City of Sunderland Summer Splash	Sunderland	Wear Valley	3

## Swims in Date Order

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58.68	509	H	20/01/24	City of Sunderland ASC New Year Meet 2024	Sunderland	RichmondDale	1
58.61	511	H	09/04/23	Portsmouth Northsea SC Easter Meet 2023	Portsmouth		1

59.89	479	H	26/02/23	Northumberland & Durham County Championships 2023	Sunderland	RichmondDale	1
57.45	542	H	02/07/22	Richmond Dales ASC Summer Madness Gala	Leeds	RichmondDale	3
57.33	546	H	02/04/22	City of Sunderland ASC National Qualifier 2022	Sunderland	RichmondDale	1
58.76	507	H	20/03/22	Richmond Dales ASC April Fool Gala	Leeds	RichmondDale	3
57.38	544	H	27/02/22	Northumberland & Durham SA County Championships 22	Sunderland	RichmondDale	1
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