

Individual Best Times (All Time)

Ben Gilchrist - (856706) - Richmond Dales ASC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:23.68	472	H	26/01/20	Chester le Street & Derwentside Burns Meet 2020	Sheffield	RichmondDale	1
2:24.62	463	H	02/02/20	Northumberland & Durham SA County Championships	Sunderland	RichmondDale	1
2:30.40	412	H	18/12/22	Northampton SC Winter Festival 2022	Corby	RichmondDale	1
2:33.30	389	H	26/02/23	Northumberland & Durham County Championships 2023	Sunderland	RichmondDale	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:33.30	389	H	26/02/23	Northumberland & Durham County Championships 2023	Sunderland	RichmondDale	1
2:30.40	412	H	18/12/22	Northampton SC Winter Festival 2022	Corby	RichmondDale	1
2:24.62	463	H	02/02/20	Northumberland & Durham SA County Championships	Sunderland	RichmondDale	1
2:23.68	472	H	26/01/20	Chester le Street & Derwentside Burns Meet 2020	Sheffield	RichmondDale	1