

Individual Best Times (All Time)

Ellena Theobald - (856698) - Soundwell SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:39.95	478	H	17/05/15	ASASWR Summer Championships	Millfield		1
5:39.95	478	H	17/05/15	ASA South West Summer Championships	Bristol		1
5:54.56	421	H	15/06/14	ASA South West Region AG Championships	Bristol	Soundwell	1
5:58.61	407	F	06/04/14	City of Bristol Level 1 Open Meet	Hengrove	Soundwell	1
6:08.60	375	F	14/04/13	City of Bristol Level One Open Meet	Bristol	Soundwell	1
6:43.20	286	F	18/11/12	Welsh Capital Open Meet 2012	Cardiff	Soundwell	1

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