## Individual Best Times (All Time)

Benjamin Curliss - (856252) - Seaclose Swimming Club - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

WA Pts Club Swam Under Time Round Date Meet Venue Level 4:52.96 423 Н 20/03/16 Rushmoor Royals L1 Spring National Qualifier Aldershot West Wight 1 4:56.63 408 F 23/05/15 Plymouth Level 1 Long Course Open Meet Plymouth 1 4:56.81 407 Н 06/12/15 Rushmoor Royals Last Chance County Qualifier Aldershot 3 Rushmoor Royals SC Last Chance County Qualifier 4:58.16 402 н 26/11/16 Aldershot Seaclose 3 5:00.03 394 Н 11/02/17 Hampshire County Swimming Championships 2017 Portsmouth Seaclose 1 5:00.40 393 Н 23/01/16 Hampshire County Swimming Championships 2016 Portsmouth West Wight 1 F West Wight 5.041603/04/15 Portsmouth Northsea Easter Festival L1 Meet Portsmouth 378 1 West Wight 5:07.55 366 Н 28/02/15 Hampshire County ASA Championships Portsmouth 1 5:11.17 353 Н 26/10/14 Rushmoor Royals 11th Autumn Meet Aldershot 1 5:13.19 Н 15/06/14 West Wight 346 ASA South East Region Age Group Championships Crawlev 1 West Wight 5:20.91 322 01/03/14 Hampshire County Championships Portsmouth 1 5:44.44 260 02/03/13 Hampshire County Championships Portsmouth West Wight 1 5:47.41 254 F 30/03/13 Portsmouth Northsea Easter Festival 2013 Portsmouth West Wight 1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:00.03	394	Н	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	Seaclose	1
4:58.16	402	Н	26/11/16	Rushmoor Royals SC Last Chance County Qualifier	Aldershot	Seaclose	3
4:52.96	423	Н	20/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	West Wight	1
5:00.40	393	Н	23/01/16	Hampshire County Swimming Championships 2016	Portsmouth	West Wight	1
4:56.81	407	Н	06/12/15	Rushmoor Royals Last Chance County Qualifier	Aldershot		3
4:56.63	408	F	23/05/15	Plymouth Level 1 Long Course Open Meet	Plymouth		1
5:04.16	378	F	03/04/15	Portsmouth Northsea Easter Festival L1 Meet	Portsmouth	West Wight	1
5:07.55	366	Н	28/02/15	Hampshire County ASA Championships	Portsmouth	West Wight	1
5:11.17	353	Н	26/10/14	Rushmoor Royals 11th Autumn Meet	Aldershot		1
5:13.19 byright 2024	346 4	Н	15/06/14	ASA South East Region Age Group Championships	Crawley	West Wight Powered By SPORT	1 SYSTEM

5:20.91	322		01/03/14	Hampshire County Championships	Portsmouth	West Wight	1
5:47.41	254	F	30/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	West Wight	1
5:44.44	260		02/03/13	Hampshire County Championships	Portsmouth	West Wight	1

Page 2 / 2