

Individual Best Times (All Time)

Ben Ford - (855940) - Havant & Waterlooville SC - 50 Backstroke - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
42.03	175	F	17/11/13	City of Cardiff Capital Open Meet	Cardiff	Havant & Wat	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
42.03	175	F	17/11/13	City of Cardiff Capital Open Meet	Cardiff	Havant & Wat	1