

Individual Best Times (All Time)

Natasha Hamilton - (853474) - Maidstone SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:42.14	580	H	23/01/16	Kent Swimming Championships 2016	Crystal Palace	RTW Monson	1
4:42.62	577	H	01/05/16	ASA South East Region Swimming Championships	Portsmouth	RTW Monson	1
4:47.70	547	F	02/10/16	Lis Hartley LC Opportunity Meet 2016	Crawley	RTW Monson	3
4:58.65	489	H	12/04/15	Bexley Long Course Open Meet	Crystal Palace	Sevenoaks	1
5:08.16	445	F	06/08/14	Swim Wales Summer Nationals 2014	Swansea	Sevenoaks	1
5:08.41	444	F	30/07/13	Swim Wales Summer Nationals	Swansea	Sevenoaks	1

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4:42.62	577	H	01/05/16	ASA South East Region Swimming Championships	Portsmouth	RTW Monson	1
4:42.14	580	H	23/01/16	Kent Swimming Championships 2016	Crystal Palace	RTW Monson	1
4:58.65	489	H	12/04/15	Bexley Long Course Open Meet	Crystal Palace	Sevenoaks	1
5:08.16	445	F	06/08/14	Swim Wales Summer Nationals 2014	Swansea	Sevenoaks	1
5:08.41	444	F	30/07/13	Swim Wales Summer Nationals	Swansea	Sevenoaks	1