

# Individual Best Times (All Time)

Emily Miller - (853467) - Rushmoor Royals SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:07.89	446	H	22/02/20	Rushmoor Royals L3 Spring Regional Qualifier	Aldershot	Rushmoor Ryl	3
5:20.04	397	F	10/04/16	Crawley Spring Open Meet 2016	Crawley	Windsor	3
5:31.61	357	H	25/10/14	Rushmoor Royals 11th Autumn Meet	Aldershot		1

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