

Individual Best Times (All Time)

Ben Wilkinson - (850244) - West Suffolk Swimming Club - 400 Freestyle - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:33.93	518	H	15/06/14	BG ASA East Region BAGCAT Championships 2014	Norwich	West Suffolk	1

Swims in Date Order

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