

Individual Best Times (All Time)

Dexter Lam - (849534) - Gravesend & Northfleet SC - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:53.15	380	H	29/01/17	Kent Swimming Championships	Crystal Palace	Black Lion	1
2:54.38	372	H	15/07/17	RTSC End of Season Meet 2017	London	Black Lion	3
2:56.58	358	H	28/01/18	Kent Swimming Championships 2018	Crystal Palace	Black Lion	1
3:10.28	286	H	31/01/16	Kent Swimming Championships 2016	Crystal Palace	Black Lion	1

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