

Individual Best Times (All Time)

Dexter Lam - (849534) - Gravesend & Northfleet SC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:32.96	413	H	11/02/17	Kent Swimming Championships	London Aquatics	Black Lion	1
2:33.17	412	H	15/07/17	RTSC End of Season Meet 2017	London	Black Lion	3
2:40.75	356	H	13/02/16	Kent Swimming Championships 2016	London	Black Lion	1
2:46.29	322	F	20/03/16	Atlantis Regional-National Chaser Meet	Crawley		1

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