

Individual Best Times (All Time)

Emma Pomfret - (848617) - Blackpool Aquatics ASC - 200 Individual Medley - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:00.71	339	H	28/01/17	Lancashire County Championships	Manchester	Blackpool Aq	1

Swims in Date Order

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