

# Individual Best Times (All Time)

Abigail Poulton - (845698) - Croydon Amphibians SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:36.41	617	F	10/03/18	WDSC Long Course Premier Open Meet	Wycombe	Guildford Ct	1
4:36.75	615	H	05/11/17	Swim England SE - 2017 Open & Junior Champs	Portsmouth	Guildford Ct	1
4:37.26	611	H	14/05/17	ASA South East Region Championships 2017	Crawley	Guildford Ct	1
4:38.14	606	F	30/03/18	Portsmouth Northsea Easter Meet	Mountbatten SC	Guildford Ct	1
4:41.59	584	H	04/08/17	Swim England National Summer Meet (50m)	Sheffield	Guildford Ct	1
4:44.20	568	F	11/03/17	Wycombe Long Course Premier Open Meet	Wycombe	Guildford Ct	1
4:44.90	563	F	13/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	Guildford Ct	1
4:45.42	560	F	11/02/17	Surrey Age Group Championships	Guildford	Guildford Ct	1
4:46.47	554	H	15/05/16	ASA South East Region Swimming Championships	Crawley	Guildford Ct	1
4:46.94	551	F	25/03/16	Portsmouth Northsea Easter Festival	Portsmouth	Guildford Ct	1
4:47.36	549	F	17/04/16	London Schools SA Championships	Crystal Palace		1
4:49.68	536	F	07/02/16	Surrey County ASA Age Group Championships 2016	Guildford	Guildford Ct	1
5:00.08	482	H	23/05/15	ASASER Swimming Championships	Portsmouth		1
5:01.62	475	F	27/07/15	Swim Wales Summer Open Meet	Swansea	Guildford Ct	1
5:01.63	475	F	11/04/15	Guildford City Inaugural Level 1 Long Course Meet	Guildford	Guildford Ct	1
5:04.05	463	F	22/02/15	Surrey Age Group Championships	Guildford	Croydon Amph	1
5:06.66	452	F	19/04/15	Crawley Spring LC Open Meet 2015	Crawley	Guildford Ct	1
5:35.61	344	F	02/03/14	British Gas Surrey Age Group Championships	Guildford	Croydon Amph	1

## Swims in Date Order

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4:44.90	563	F	13/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	Guildford Ct	1
4:49.68	536	F	07/02/16	Surrey County ASA Age Group Championships 2016	Guildford	Guildford Ct	1
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