

Individual Best Times (All Time)

Freddy Clampett - (844964) - Swansea University SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:33.55	696	F	26/05/18	Plymouth Leander Level 1 National Qualifier	Plymouth	Plymouth Lea	1
4:37.48	667	H	01/05/16	ASA SWR Summer Championships	Plymouth	Plymouth Lea	1
4:37.71	665	H	18/04/19	British Championships 2019	Glasgow	Plymouth Lea	1
4:38.10	663	H	06/04/14	Derventio Excel 8th LC Open Meet	Sheffield	Co South'ton	1
4:38.41	660	F	15/03/20	The Plymouth Leander Spring Regional LC Qualifier	Plymouth	Plymouth Lea	1
4:40.70	644	H	28/03/15	City of Sheffield Swim Squad Premier Meet	Sheffield	Plymouth Lea	1
4:41.33	640		15/03/14	Hampshire County Championships	Portsmouth	Co South'ton	1
4:41.67	638	H	03/05/15	ASA South West Summer Championships	Plymouth	Plymouth Lea	1
4:41.78	637	H	08/02/15	VII Meeting Internacional De Lisboa	Lisbon	Plymouth Lea	1
4:41.89	636	H	26/07/18	British Summer Championships	Sheffield	Plymouth Lea	1
4:42.94	629	F	12/01/14	Portsmouth Northsea New Year Open Meet	Portsmouth	Co South'ton	1
4:43.27	627		03/05/14	ASA South East Region Youth Championships	Crawley	Co South'ton	1
4:43.86	623	F	18/05/13	Swim Swansea Annual LC Meet	Swansea	Co South'ton	1
4:44.38	620	H	04/08/13	BG ASA National Youth Championships	Sheffield	Co South'ton	1
4:44.55	618	H	28/07/15	British Summer Championships	Sheffield	Plymouth Lea	1
4:45.40	613	F	24/05/15	Plymouth Level 1 Long Course Open Meet	Plymouth	Plymouth Lea	1
4:45.83	610	F	25/01/14	ASA South Zonal Competition	Millfield School	Co South'ton	1
4:47.37	600	H	05/08/14	BG ASA Youth & MC Championships 2014	Sheffield		1
4:47.64	599		26/01/13	ASA Southern Region Zonal Competition	Crawley	Co South'ton	1
4:47.80	598		25/05/13	ASA South East Region Age Group Champs	Crawley	Co South'ton	1
4:48.24	595		26/01/13	ASA Southern Region Zonal Competition	Crawley	Co South'ton	1
4:48.81	591		16/03/13	Hampshire County Championships	Portsmouth	Co South'ton	1
4:48.94	591	H	25/01/14	ASA South Zonal Competition	Millfield School	Co South'ton	1
4:49.18	589	F	18/11/12	The Aquae Sulis Grand Prix 2012	Bristol	Co South'ton	1
4:49.22	589	F	26/07/12	BG ASA National Age Groups Championships	Sheffield	Co South'ton	1
4:50.02	584	F	13/01/13	Portsmouth Northsea SC Level 1 Open Meet	Portsmouth	Co South'ton	1
4:50.08	579	H	26/07/18	BG ASA National Age Groups Championships	Sheffield	Co South'ton	1

4:32.06	572	F	20/07/12	BG ASA National Age Groups Championships	Sheffield	Co South'ton	1
4:52.21	571	F	29/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	Co South'ton	1
4:54.34	559		03/03/13	Hampshire County Championships	Portsmouth	Co South'ton	1
4:54.68	557	F	12/05/12	Swim Swansea Long Course Meet	Swansea	Co South'ton	1
4:56.01	549		26/05/12	British Gas South East Region AG Champs	Crawley	Co South'ton	1
5:00.65	524		17/03/12	Hampshire County Championships	Portsmouth	Co South'ton	1
5:01.95	518		04/03/12	Hampshire County Championships	Portsmouth	Co South'ton	1
5:07.25	491	H	28/01/12	ASA South Zonal Meet	Millfield	Co South'ton	1

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