

Individual Best Times (All Time)

Joshua Fowles - (844576) - Witham Dolphins SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:46.28	607	H	16/02/19	Essex Age Group Champs 2019	Basildon	Witham Dolph	1
4:48.75	592	H	31/07/19	Swim England National Summer Meet	Sheffield	Witham Dolph	1
4:50.47	581	H	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	Witham Dolph	1

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