## **Individual Best Times (All Time)**

Aoife Marley - (844570) - Witham Dolphins SC - 100 Breaststroke - Long Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Leve
1:16.41	591	F	05/02/22	Warwickshire Swimming Championships	Coventry	Birm'ham Uni	1
1:16.48	589	F	01/05/22	West Midlands Region 2022 Regional Championships	Coventry	Birm'ham Uni	1
1:16.50	589	Н	20/02/22	Speedo & BUCS Long Course Swimming Championships	Sheffield		1
1:16.61	586	Н	05/02/22	Warwickshire Swimming Championships	Coventry	Birm'ham Uni	1
1:16.64	585	Н	01/05/22	West Midlands Region 2022 Regional Championships	Coventry	Birm'ham Uni	1
1:16.99	577	Н	28/05/22	Glasgow International Swim Meet	Glasgow		1
1:17.02	577	Н	05/05/19	Swim England East Region Long Course Champs	Inspire Luton	Witham Dolph	1
1:17.04	576	Н	20/04/19	Team Luton April Open Meet	Luton	Witham Dolph	1
1:17.14	574	Н	15/01/22	City of Derby 18th Level1 Long Course	Ponds Forge	Birm'ham Uni	1
1:17.19	573	Н	31/03/18	BPSC Easter Meet 2018	Basildon	Witham Dolph	1
1:17.21	573	F	18/02/18	Essex Age Group Championships 2018	Basildon	Witham Dolph	1
1:17.30	571	Н	29/02/20	Essex Age Group Championships 2020	Basildon	Witham Dolph	1
1:17.46	567	Н	25/05/19	Glasgow International Swim Meet	Tollcross	Witham Dolph	1
1:17.54	565	F	19/02/17	Essex Age Group Championships 2017	Basildon	Witham Dolph	1
1:17.54	565	Н	18/02/18	Essex Age Group Championships 2018	Basildon	Witham Dolph	1
1:17.60	564	Н	15/12/19	RTSC Christmas Cracker	Stratford	Witham Dolph	3
1:17.85	558	Н	19/02/17	Essex Age Group Championships 2017	Basildon	Witham Dolph	1
1:17.98	556	F	28/10/17	Essex Senior Winter Championships 2017	Basildon	Witham Dolph	1
1:18.06	554	F	07/07/19	BWFSC Summer Meet Level 3	London	Witham Dolph	3
1:18.09	553	F	29/02/20	Essex Age Group Championships 2020	Basildon	Witham Dolph	1
1:18.09	553	С	28/05/22	Glasgow International Swim Meet	Glasgow		1
1:18.19	551	F	06/05/18	East Swimming Long Course Championships 2018	Norwich	Witham Dolph	1
1:18.28	549	Н	05/08/22	Swim England National Summer Meet 2022	Sheffield	Birm'ham Uni	1
1:18.44	546	Н	06/05/18	East Swimming Long Course Championships 2018	Norwich	Witham Dolph	1
1:18.65	542	Н	28/10/17	Essex Senior Winter Championships 2017	Basildon	Witham Dolph	1
1:18.91	536	Н	07/08/21	British Swimming Festival of Swimming East Region	London Aquatic Centr	Witham Dolph	1
1.10 06 right 202	4	ш	07/05/10	DV 2nd Lang Course Open Most	Chaffiald	Powered By SPOR	TSYSTE

1.10.90	ວວວ	П	∠//U∂/10	DA ZIIG LOTIG COURSE Open weet	onemen	witham บบเph	Page 2 / 3
1:19.23	530	F	30/04/17	ASA East Long Course Championships	Luton	Witham Dolph	1
1:19.35	527	Н	22/07/17	BPSC End of Season Meet 2017	Basildon	Witham Dolph	3
1:19.39	527	Н	16/07/22	Team Luton Summer Long Course Meet 2022	Luton	Birm'ham Uni	3
1:19.46	525	Н	31/07/18	Swim England National Summer Meet	Sheffield	Witham Dolph	1
1:19.48	525	F	23/01/16	Essex Age Group Championships 2016	Basildon	Witham Dolph	1
1:19.48	525	F	23/01/16	Essex Age Group Championships 2016	Basildon	Witham Dolph	1
1:19.55	523	Н	10/07/16	ASA East Region Inter County Team Competition	Norwich	Essex	1
1:19.65	521	Н	08/04/18	Derventio Excel 12th Long Course Open Meet	Sheffield	Witham Dolph	1
1:20.06	513	Н	23/01/16	Essex Age Group Championships 2016	Basildon	Witham Dolph	1
1:20.06	513	Н	23/01/16	Essex Age Group Championships 2016	Basildon	Witham Dolph	1
1:20.09	513	Н	30/04/17	ASA East Long Course Championships	Luton	Witham Dolph	1
1:20.27	509	Н	15/04/17	BPSC Easter Meet 2017	Basildon	Witham Dolph	1
1:21.14	493	Н	29/05/16	ASA East Region Long Course Championships	Luton	Witham Dolph	1
1:21.33	490	Н	30/04/23	West Midland Regional Summer Championships 2023	Coventry	Birm'ham Uni	1
1:21.45	488	Н	17/04/16	Team Luton April Long Course Meet	Luton	Witham Dolph	1
1:21.55	486	Н	04/11/17	East Region Winter Championships	Norwich	Witham Dolph	1
1:22.37	471	Н	02/07/16	Bishops Stortord End of Season LC Open Meet	Luton	Witham Dolph	3
1:23.64	450	F	27/09/15	BWFSC County Qualifier Meet 2015	London		3
1:27.39	395	Н	05/04/15	Basildon & Phoenix LC Easter Meet	Basildon	Witham Dolph	1
1:38.95	272	Н	24/11/13	Essex Winter Long Course Competition	Basildon	Witham Dolph	1
1:41.08	255	Н	20/07/14	Basildon & Phoenix End of Season Meet	Basildon	Witham Dolph	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Leve
1:21.33	490	Н	30/04/23	West Midland Regional Summer Championships 2023	Coventry	Birm'ham Uni	1
1:18.28	549	Н	05/08/22	Swim England National Summer Meet 2022	Sheffield	Birm'ham Uni	1
1:19.39	527	Н	16/07/22	Team Luton Summer Long Course Meet 2022	Luton	Birm'ham Uni	3
1:18.09	553	С	28/05/22	Glasgow International Swim Meet	Glasgow		1
1:16.99	577	Н	28/05/22	Glasgow International Swim Meet	Glasgow		1
1:16.48	589	F	01/05/22	West Midlands Region 2022 Regional Championships	Coventry	Birm'ham Uni	1
1:16.64	585	Н	01/05/22	West Midlands Region 2022 Regional Championships	Coventry	Birm'ham Uni	1
1:16.50	589	Н	20/02/22	Speedo & BUCS Long Course Swimming Championships	Sheffield		1
1:16.41	591	F	05/02/22	Warwickshire Swimming Championships	Coventry	Birm'ham Uni	1
1:16.61	586	Н	05/02/22	Warwickshire Swimming Championships	Coventry	Birm'ham Uni	1
1:17.14	574	Н	15/01/22	City of Derby 18th Level1 Long Course	Ponds Forge	Birm'ham Uni	1
1:18.91	536	Н	07/08/21	British Swimming Festival of Swimming East Region	London Aquatic Centr	Witham Dolph	1
1:18.09	553	F	29/02/20	Essex Age Group Championships 2020	Basildon	Witham Dolph	1
1:17.30	571	Н	29/02/20	Essex Age Group Championships 2020	Basildon	Witham Dolph	1
1:17.60	564	Н	15/12/19	RTSC Christmas Cracker	Stratford	Witham Dolph	3
1:18.06	554	F	07/07/19	BWFSC Summer Meet Level 3	London	Witham Dolph	3
1:17.46	567	Н	25/05/19	Glasgow International Swim Meet	Tollcross	Witham Dolph	1
1:17.02	577	Н	05/05/19	Swim England East Region Long Course Champs	Inspire Luton	Witham Dolph	1
1:17.04	576	Н	20/04/19	Team Luton April Open Meet	Luton	Witham Dolph	1
1:19.46	525	Н	31/07/18	Swim England National Summer Meet	Sheffield	Witham Dolph	1
1:18.96	535	Н	27/05/18	DX 2nd Long Course Open Meet	Sheffield	Witham Dolph	1
1:18.19	551	F	06/05/18	East Swimming Long Course Championships 2018	Norwich	Witham Dolph	1
1:18.44	546	Н	06/05/18	East Swimming Long Course Championships 2018	Norwich	Witham Dolph	1
1:19.65	521	Н	08/04/18	Derventio Excel 12th Long Course Open Meet	Sheffield	Witham Dolph	1
1:17.19	573	Н	31/03/18	BPSC Easter Meet 2018	Basildon	Witham Dolph	1
1:17.21	573	F	18/02/18	Essex Age Group Championships 2018	Basildon	Witham Dolph	1
1:17.54	565	Н	18/02/18	Essex Age Group Championships 2018	Basildon	Witham Dolph	1
1:21.55	486	Н	04/11/17	East Region Winter Championships	Norwich	Witham Dolph	1
right 202	4	-			=	Powered By SPOR	TSYSTE

1:17.98	556	F	28/10/17	Essex Senior Winter Championships 2017	Basildon	Witham Dolph	Page 3 / 3 1
1:18.65	542	Н	28/10/17	Essex Senior Winter Championships 2017	Basildon	Witham Dolph	1
1:19.35	527	Н	22/07/17	BPSC End of Season Meet 2017	Basildon	Witham Dolph	3
1:19.23	530	F	30/04/17	ASA East Long Course Championships	Luton	Witham Dolph	1
1:20.09	513	Н	30/04/17	ASA East Long Course Championships	Luton	Witham Dolph	1
1:20.27	509	Н	15/04/17	BPSC Easter Meet 2017	Basildon	Witham Dolph	1
1:17.54	565	F	19/02/17	Essex Age Group Championships 2017	Basildon	Witham Dolph	1
1:17.85	558	Н	19/02/17	Essex Age Group Championships 2017	Basildon	Witham Dolph	1
1:19.55	523	Н	10/07/16	ASA East Region Inter County Team Competition	Norwich	Essex	1
1:22.37	471	Н	02/07/16	Bishops Stortord End of Season LC Open Meet	Luton	Witham Dolph	3
1:21.14	493	Н	29/05/16	ASA East Region Long Course Championships	Luton	Witham Dolph	1
1:21.45	488	Н	17/04/16	Team Luton April Long Course Meet	Luton	Witham Dolph	1
1:19.48	525	F	23/01/16	Essex Age Group Championships 2016	Basildon	Witham Dolph	1
1:19.48	525	F	23/01/16	Essex Age Group Championships 2016	Basildon	Witham Dolph	1
1:20.06	513	Н	23/01/16	Essex Age Group Championships 2016	Basildon	Witham Dolph	1
1:20.06	513	Н	23/01/16	Essex Age Group Championships 2016	Basildon	Witham Dolph	1
1:23.64	450	F	27/09/15	BWFSC County Qualifier Meet 2015	London		3
1:27.39	395	Н	05/04/15	Basildon & Phoenix LC Easter Meet	Basildon	Witham Dolph	1
1:41.08	255	Н	20/07/14	Basildon & Phoenix End of Season Meet	Basildon	Witham Dolph	3
1:38.95	272	Н	24/11/13	Essex Winter Long Course Competition	Basildon	Witham Dolph	1

Copyright 2024 Powered By SPORTSYSTEMS