

Individual Best Times (All Time)

Aoife Marley - (844570) - Witham Dolphins SC - 50 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
34.41	608	H	31/03/19	Team Luton March Open Meet	Luton	Witham Dolph	1
34.50	603	F	01/02/20	Essex Age Group Championships 2020	London	Witham Dolph	1
34.58	599	F	03/08/19	Swim England National Summer Meet	Sheffield	Witham Dolph	1
34.64	596	F	03/02/18	Essex Age Group Championships 2018	London	Witham Dolph	1
34.75	590	H	01/02/20	Essex Age Group Championships 2020	London	Witham Dolph	1
34.77	589	H	21/04/19	BPSC Easter Meet 2019	Basildon	Witham Dolph	1
34.95	580	H	03/02/18	Essex Age Group Championships 2018	London	Witham Dolph	1
34.95	580	H	03/08/19	Swim England National Summer Meet	Sheffield	Witham Dolph	1
35.12	572	H	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	Witham Dolph	1
35.21	568	F	07/07/19	BWFSC Summer Meet Level 3	London	Witham Dolph	3
35.23	567	H	24/05/19	Glasgow International Swim Meet	Tollcross	Witham Dolph	1
35.28	564	H	19/02/22	Speedo & BUCS Long Course Swimming Championships	Sheffield		1
35.29	564	F	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	Witham Dolph	1
35.32	562	H	02/05/22	West Midlands Region 2022 Regional Championships	Coventry	Birm'ham Uni	1
35.36	560	H	05/04/22	British Championships 2022	Sheffield	Birm'ham Uni	1
35.37	560	H	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	Witham Dolph	1
35.40	558	F	02/05/22	West Midlands Region 2022 Regional Championships	Coventry	Birm'ham Uni	1
35.43	557	H	06/04/19	Derventio Excel 13th Long Course Open Meet	Sheffield	Witham Dolph	1
35.43	557	H	07/04/23	City of Norwich Easter Meet 2023	Norwich		1
35.43	557	F	07/04/23	City of Norwich Easter Meet 2023	Norwich		1
35.50	554	F	23/01/22	Warwickshire Swimming Championships	Coventry	Birm'ham Uni	1
35.57	550	H	16/01/22	City of Derby 18th Level1 Long Course	Ponds Forge	Birm'ham Uni	1
35.59	550	F	21/04/19	BPSC Easter Meet 2019	Basildon	Witham Dolph	1
35.62	548	H	23/01/22	Warwickshire Swimming Championships	Coventry	Birm'ham Uni	1
35.71	544	H	29/10/17	Essex Senior Winter Championships 2017	Basildon	Witham Dolph	1
35.77	541	H	07/04/18	Derventio Excel 12th Long Course Open Meet	Sheffield	Witham Dolph	1
35.80	540	H	27/05/20	Glasgow International Swim Meet	Glasgow		1

35.80	540	H	27/05/22	Glasgow International Swim meet	Glasgow		
36.04	529	H	23/07/17	BPSC End of Season Meet 2017	Basildon	Witham Dolph	3
36.05	529	H	26/05/18	DX 2nd Long Course Open Meet	Sheffield	Witham Dolph	1
36.06	528	H	05/05/18	East Swimming Long Course Championships 2018	Norwich	Witham Dolph	1
36.08	527	H	04/02/17	Essex Age Group Championships	London	Witham Dolph	1
36.08	527	H	04/02/17	Essex Age Group Championships 2017	Basildon	Witham Dolph	1
36.12	526	F	29/10/17	Essex Senior Winter Championships 2017	Basildon	Witham Dolph	1
36.14	525	F	12/03/22	2022 Wycombe Long Course Premier Meet	High Wycombe		1
36.16	524	H	08/08/21	British Swimming Festival of Swimming East Region	London Aquatic Centr	Witham Dolph	1
36.20	522	H	14/04/18	N&EL L1 National Qualifying Meet	London	Witham Dolph	1
36.25	520	H	17/07/22	Team Luton Summer Long Course Meet 2022	Luton	Birm'ham Uni	3
36.31	517	H	30/05/16	ASA East Region Long Course Championships	Luton	Witham Dolph	1
36.31	517	H	29/04/17	ASA East Long Course Championships	Luton	Witham Dolph	1
36.36	515	F	04/02/17	Essex Age Group Championships	London	Witham Dolph	1
36.36	515	F	04/02/17	Essex Age Group Championships 2017	Basildon	Witham Dolph	1
36.70	501	F	05/05/18	East Swimming Long Course Championships 2018	Norwich	Witham Dolph	1
36.73	500	F	30/05/16	ASA East Region Long Course Championships	Luton	Witham Dolph	1
37.28	478	F	29/04/17	ASA East Long Course Championships	Luton	Witham Dolph	1
37.41	473	H	06/02/16	Essex Age Group Championships 2016	London	Witham Dolph	1
37.41	473	H	06/02/16	Essex Age Group Championships 2016	Basildon	Witham Dolph	1
37.64	464	H	25/03/16	UEA City of Norwich Easter Long Course Meet	Norwich		1
37.70	462	F	06/02/16	Essex Age Group Championships 2016	London	Witham Dolph	1
37.70	462	F	06/02/16	Essex Age Group Championships 2016	Basildon	Witham Dolph	1
37.78	459	F	25/03/16	UEA City of Norwich Easter Long Course Meet	Norwich		1
37.79	459	H	02/07/16	Bishops Stortord End of Season LC Open Meet	Luton	Witham Dolph	3
38.36	439	H	25/05/15	ASA East Region Summer Championships	Norwich	Witham Dolph	1
38.49	434	F	25/05/15	ASA East Region Summer Championships	Norwich	Witham Dolph	1
40.66	368	H	05/04/15	Basildon & Phoenix LC Easter Meet	Basildon	Witham Dolph	1
43.96	291	H	20/07/14	Basildon & Phoenix End of Season Meet	Basildon	Witham Dolph	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
35.43	557	F	07/04/23	City of Norwich Easter Meet 2023	Norwich		1
35.43	557	H	07/04/23	City of Norwich Easter Meet 2023	Norwich		1
36.25	520	H	17/07/22	Team Luton Summer Long Course Meet 2022	Luton	Birm'ham Uni	3
35.80	540	H	27/05/22	Glasgow International Swim Meet	Glasgow		1
35.40	558	F	02/05/22	West Midlands Region 2022 Regional Championships	Coventry	Birm'ham Uni	1
35.32	562	H	02/05/22	West Midlands Region 2022 Regional Championships	Coventry	Birm'ham Uni	1
35.36	560	H	05/04/22	British Championships 2022	Sheffield	Birm'ham Uni	1
36.14	525	F	12/03/22	2022 Wycombe Long Course Premier Meet	High Wycombe		1
35.28	564	H	19/02/22	Speedo & BUCS Long Course Swimming Championships	Sheffield		1
35.50	554	F	23/01/22	Warwickshire Swimming Championships	Coventry	Birm'ham Uni	1
35.62	548	H	23/01/22	Warwickshire Swimming Championships	Coventry	Birm'ham Uni	1
35.57	550	H	16/01/22	City of Derby 18th Level1 Long Course	Ponds Forge	Birm'ham Uni	1
36.16	524	H	08/08/21	British Swimming Festival of Swimming East Region	London Aquatic Centr	Witham Dolph	1
34.50	603	F	01/02/20	Essex Age Group Championships 2020	London	Witham Dolph	1
34.75	590	H	01/02/20	Essex Age Group Championships 2020	London	Witham Dolph	1
34.58	599	F	03/08/19	Swim England National Summer Meet	Sheffield	Witham Dolph	1
34.95	580	H	03/08/19	Swim England National Summer Meet	Sheffield	Witham Dolph	1
35.21	568	F	07/07/19	BWFSC Summer Meet Level 3	London	Witham Dolph	3
35.23	567	H	24/05/19	Glasgow International Swim Meet	Tollcross	Witham Dolph	1
35.12	572	H	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	Witham Dolph	1
35.59	550	F	21/04/19	BPSC Easter Meet 2019	Basildon	Witham Dolph	1

34.77	589	H	21/04/19	BPSC Easter Meet 2019	Basildon	Witham Dolph	1
35.43	557	H	06/04/19	Derventio Excel 13th Long Course Open Meet	Sheffield	Witham Dolph	1
34.41	608	H	31/03/19	Team Luton March Open Meet	Luton	Witham Dolph	1
35.29	564	F	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	Witham Dolph	1
35.37	560	H	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	Witham Dolph	1
36.05	529	H	26/05/18	DX 2nd Long Course Open Meet	Sheffield	Witham Dolph	1
36.70	501	F	05/05/18	East Swimming Long Course Championships 2018	Norwich	Witham Dolph	1
36.06	528	H	05/05/18	East Swimming Long Course Championships 2018	Norwich	Witham Dolph	1
36.20	522	H	14/04/18	N&EL L1 National Qualifying Meet	London	Witham Dolph	1
35.77	541	H	07/04/18	Derventio Excel 12th Long Course Open Meet	Sheffield	Witham Dolph	1
34.64	596	F	03/02/18	Essex Age Group Championships 2018	London	Witham Dolph	1
34.95	580	H	03/02/18	Essex Age Group Championships 2018	London	Witham Dolph	1
36.12	526	F	29/10/17	Essex Senior Winter Championships 2017	Basildon	Witham Dolph	1
35.71	544	H	29/10/17	Essex Senior Winter Championships 2017	Basildon	Witham Dolph	1
36.04	529	H	23/07/17	BPSC End of Season Meet 2017	Basildon	Witham Dolph	3
37.28	478	F	29/04/17	ASA East Long Course Championships	Luton	Witham Dolph	1
36.31	517	H	29/04/17	ASA East Long Course Championships	Luton	Witham Dolph	1
36.36	515	F	04/02/17	Essex Age Group Championships	London	Witham Dolph	1
36.36	515	F	04/02/17	Essex Age Group Championships 2017	Basildon	Witham Dolph	1
36.08	527	H	04/02/17	Essex Age Group Championships	London	Witham Dolph	1
36.08	527	H	04/02/17	Essex Age Group Championships 2017	Basildon	Witham Dolph	1
37.79	459	H	02/07/16	Bishops Stortord End of Season LC Open Meet	Luton	Witham Dolph	3
36.73	500	F	30/05/16	ASA East Region Long Course Championships	Luton	Witham Dolph	1
36.31	517	H	30/05/16	ASA East Region Long Course Championships	Luton	Witham Dolph	1
37.78	459	F	25/03/16	UEA City of Norwich Easter Long Course Meet	Norwich		1
37.64	464	H	25/03/16	UEA City of Norwich Easter Long Course Meet	Norwich		1
37.70	462	F	06/02/16	Essex Age Group Championships 2016	London	Witham Dolph	1
37.70	462	F	06/02/16	Essex Age Group Championships 2016	Basildon	Witham Dolph	1
37.41	473	H	06/02/16	Essex Age Group Championships 2016	Basildon	Witham Dolph	1
37.41	473	H	06/02/16	Essex Age Group Championships 2016	London	Witham Dolph	1
38.49	434	F	25/05/15	ASA East Region Summer Championships	Norwich	Witham Dolph	1
38.36	439	H	25/05/15	ASA East Region Summer Championships	Norwich	Witham Dolph	1
40.66	368	H	05/04/15	Basildon & Phoenix LC Easter Meet	Basildon	Witham Dolph	1
43.96	291	H	20/07/14	Basildon & Phoenix End of Season Meet	Basildon	Witham Dolph	3