

# Individual Best Times (All Time)

Aoife Marley - (844570) - Witham Dolphins SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet  | Venue         | Club Swam Under | Level |
|---------|--------|-------|----------|---|---------------|-----------------|-------|
| 5:29.91 | 523    | H     | 05/05/19 | Swim England East Region Long Course Champs | Inspire Luton | Witham Dolph    | 1     |
| 5:33.30 | 507    | H     | 15/04/17 | BPSC Easter Meet 2017                       | Basildon      | Witham Dolph    | 1     |
| 5:35.88 | 495    | H     | 20/01/18 | Essex Age Group Championships 2018          | Basildon      | Witham Dolph    | 1     |
| 5:43.53 | 463    | H     | 30/04/17 | ASA East Long Course Championships          | Luton         | Witham Dolph    | 1     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet  | Venue         | Club Swam Under | Level |
|---------|--------|-------|----------|---|---------------|-----------------|-------|
| 5:29.91 | 523    | H     | 05/05/19 | Swim England East Region Long Course Champs | Inspire Luton | Witham Dolph    | 1     |
| 5:35.88 | 495    | H     | 20/01/18 | Essex Age Group Championships 2018          | Basildon      | Witham Dolph    | 1     |
| 5:43.53 | 463    | H     | 30/04/17 | ASA East Long Course Championships          | Luton         | Witham Dolph    | 1     |
| 5:33.30 | 507    | H     | 15/04/17 | BPSC Easter Meet 2017                       | Basildon      | Witham Dolph    | 1     |