

Individual Best Times (All Time)

Luke Plaice - (843178) - Middlesbrough SC - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|------------|-----------------|-------|
| 2:25.95 | 341 | F | 23/02/14 | Northumberland & Durham SA County Champs | Sunderland | Middlesboro | 1 |
| 2:27.04 | 333 | H | 12/01/14 | City of Sunderland New Year Meet 2014 | Sunderland | Middlesboro | 1 |
| 2:27.73 | 329 | H | 23/02/14 | Northumberland & Durham SA County Champs | Sunderland | Middlesboro | 1 |
| 2:33.76 | 291 | H | 02/11/13 | City of Sunderland Firecracker 2013 | Sunderland | Middlesboro | 3 |
| 2:35.41 | 282 | H | 19/04/14 | City of Leeds National Qualifying Meet 2014 | Leeds | Middlesboro | 1 |
| 2:43.99 | 240 | H | 02/06/13 | ASANER Age Group Championships | Sheffield | Middlesboro | 1 |

Swims in Date Order

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