

Individual Best Times (All Time)

Luke Plaice - (843178) - Middlesbrough SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:58.43	246	H	08/03/14	Northumberland & Durham SA County Champs	Sunderland	Middlesboro	1
2:59.44	242	H	11/01/14	City of Sunderland New Year Meet 2014	Sunderland	Middlesboro	1
3:04.84	221	H	02/11/13	City of Sunderland Firecracker 2013	Sunderland	Middlesboro	3
3:06.78	215	H	08/06/13	ASA North East Region Age Group Champs	Sheffield	Middlesboro	1

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