

Individual Best Times (All Time)

Luke Plaice - (843178) - Middlesbrough SC - 50 Backstroke - Long Course

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|-------------------------------------|------------|-----------------|-------|
| 41.72 | 179 | H | 02/11/13 | City of Sunderland Firecracker 2013 | Sunderland | Middlesboro | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|-------------------------------------|------------|-----------------|-------|
| 41.72 | 179 | H | 02/11/13 | City of Sunderland Firecracker 2013 | Sunderland | Middlesboro | 3 |